

Joshua High School

Athletics (C)



## Alpha Owls Middle School Strength and Conditioning

**Camp Start Date:** June 2, 2025

**Start Time:** 8:00:00 AM

**Camp End Date:** July 24, 2025

**End Time:** 9:00:00 AM

**Date Details:** Monday -Thursday's only, No Camp July 1st-4th

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**Venue Name:** Weight Room-Joshua High School

**Venue Address:** 909 S. Broadway, Joshua, TX 76058

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**Camp Cost:** Free

**Questions:** Coach Roy Williams [williamsr@joshuaisd.org](mailto:williamsr@joshuaisd.org) (817) 202 - 2500